

**WOODLAND
PARK**
**PROUD TO BE
STIGMA-FREE**

COLOR RUN

When: Saturday, Sept. 14, 2019

Registration starts at 8 a.m.; run starts at 9 a.m.

Where: Zaccaria Park off Rifle Camp Road

Cost: \$10 per person

The first 100 paid registrants will get a free t-shirt.

For guaranteed choice of shirt size, registration must be in by Sunday, Sept. 8 by 5 p.m.

Children under 5 are free. Children's t-shirt sizes will be available. Please bring protective eyewear for children (i.e. goggles)

Register at wpstigmafree.org. Payment can be made the morning of the event.

A color run is a short, fun run where participants wear white or light-colored clothing and are splattered with an assortment of powdery colors. The powders are a combination of baking soda, cornstarch, and safe dyes. Even though it is safe, it may take a few washes to get the color completely out of your clothing. Some people wear glasses or goggles to keep the color out of their eyes and use a bandanna to keep it out of their mouth.

The Woodland Park Task Force for Mental Health Awareness exists to increase community awareness surrounding mental health. This Task Force seeks to offer information, education, assistance and support to those who are living with or suffering from mental illness and diagnosable conditions as well as individuals who are impacted by mental health disease.